



## Queer Richmond Resources

### Health/Medical



#### *Dandelion Health*

- **Services:** A Direct Primary Care practice offering inclusive family medicine for a flat monthly fee. Membership includes unlimited visits, extended appointments, and wholesale medication pricing. They are known for being highly inclusive of the LGBTQ+ community and offer gender-affirming care and reproductive health services. They also provide access to wholesale prices for medications and lab work.
- **Website:** [dandelionhealth.com](http://dandelionhealth.com)



#### *Health Brigade*

- **Services:** Provides primary medical care, mental health counseling, and trans health services (including hormones and surgery referrals) for low-income and uninsured residents. They also operate a needle exchange, offer HIV/STI testing, and provide Ryan White Part B services.
- **Website:** [healthbrigade.org](http://healthbrigade.org).



#### *Planned Parenthood-Richmond*

- **Services:** Offers gender-affirming hormone therapy (estrogen and testosterone) for transgender and nonbinary patients. They also provide general sexual and reproductive health services, including birth control, STI testing/treatment, and abortion care.
- **Website:** [plannedparenthood.org/health-center/virginia/richmond](http://plannedparenthood.org/health-center/virginia/richmond)



#### *Seven Hills Family Medicine*

- **Services:** A direct primary care practice offering comprehensive family medicine, gender-affirming care (hormone management, referrals), and reproductive healthcare, including abortion services by pill or procedure. They emphasize a stigma-free environment and offer financial aid options.
- **Website:** [sevenhillsfamilymedicine.com](http://sevenhillsfamilymedicine.com)



#### *LGBT Life Center*

- **Services:** Located in Hampton Roads/Norfolk, they offer a full-service medical clinic and pharmacy specializing in HIV treatment, PrEP, and gender-affirming hormone therapy. They also provide housing assistance, mental health counseling, and support groups.
- **Website:** [lgbtlifecenter.org](http://lgbtlifecenter.org).



## Queer Richmond Resources

### Therapy/Mental Health



#### *Phases Therapy*

- **Services:** A queer-owned practice offering therapy for individuals, parents, and young adults. They provide support for gender exploration, anxiety, depression, and life transitions, with a focus on empowering marginalized voices.
- **Website:** [phases-therapy.com](https://phases-therapy.com)



#### *LGBT Counseling Collaborative*

- **Services:** A group of affirming psychotherapists providing individual and relationship counseling. They specialize in navigating gender identity, sexual orientation, trauma, and family dynamics within a social justice framework.
- **Website:** [therapeuticcounseling.org](https://therapeuticcounseling.org)



#### *Queer Ear Mental Health*

- **Services:** Specializes in virtual psychiatric medication management. They provide culturally competent care for anxiety, depression, ADHD, and trauma, with a specific focus on the needs of the LGBTQIA+ and gender-diverse community.
- **Website:** [queerearmentalhealth.com](https://queerearmentalhealth.com)



#### *LaunchPad Counseling*

- **Services:** An LGBTQ-affirming practice offering individual therapy and specific support groups (like their "Making Space" group). They specialize in working with LGBTQ+ parents, families navigating a child's coming out process, and couples therapy that honors non-traditional and polyamorous relationship structures.
- **Website:** [launchpadcounseling.com](https://launchpadcounseling.com)



#### *QueerWell Counseling & Wellness*

- **Services:** A practice comprised entirely of LGBTQ+ therapists who provide virtual counseling and social support. They focus on shared lived experience to avoid the need for clients to "educate" their therapist, and they offer an equity-based pricing scale to increase accessibility.
- **Website:** [queerwell.com](https://queerwell.com)



## Queer Richmond Resources

### Community Supports/Resources



#### *Diversity Richmond*

- **Services:** The primary hub for Richmond's LGBTQ+ community. They operate Diversity Thrift (a thrift store), the Iridian Gallery (queer art), and provide event space. They also distribute grants to local organizations and host support groups and community programs.
- **Website:** [diversityrichmond.org](https://diversityrichmond.org).



#### *He She Ze and We*

- **Services:** Focuses on support for families with transgender and nonbinary loved ones. They offer peer support meetings for parents/caregivers, social opportunities for trans youth, and educational training for schools and businesses to create inclusive environments.
- **Website:** [heshezewe.org](https://heshezewe.org).



#### *PFLAG Richmond*

- **Services:** Facilitates confidential support groups for parents, families, friends, and LGBTQ+ individuals to share experiences. They also provide educational resources and advocacy to support families in understanding and accepting their queer loved ones.
- **Website:** [pflagrichmond.org](https://pflagrichmond.org).



#### *OutRVA*

- **Services:** The official LGBTQ+ tourism and community campaign for the Richmond region. They promote Richmond as a welcoming destination, curate a calendar of queer events (including Pride), and provide guides to local LGBTQ-owned businesses, nightlife, and safe spaces for visitors and residents alike.
- **Website:** [outrva.com](https://outrva.com)



#### *Nationz Foundation*

- **Services:** A black-led non-profit providing holistic health and wellness services to the LGBTQIA+ community. They offer free rapid HIV/STI testing, a food pantry, emergency housing assistance, and a safe community space. Their mobile unit also brings testing and resources directly to underserved neighborhoods.
- **Website:** [nationzfoundationrva.org](https://nationzfoundationrva.org).



## Queer Richmond Resources

### Religious Institutions



#### *St. Stephen's Episcopal Church*

- **Note:** Offers LGBTQ-affirming worship and performs same-sex weddings.
- **Website:** [ststephensrva.org](http://ststephensrva.org).



#### *Ginter Park Baptist Church*

- **Note:** A progressive congregation with a "Rule of Life" that explicitly welcomes all persons regardless of gender identity or expression.
- **Website:** [ginterparkbbc.org](http://ginterparkbbc.org).



#### *First Unitarian Universalist Church of Richmond*

- **Note:** Hosts the "Rainbow Chalice" group and actively advocates for trans rights and social justice.
- **Website:** [richmonduu.org](http://richmonduu.org).



#### *Inclusive Muslims of Central VA*

- **Note:** A judgment-free community creating safe, inclusive spaces for Muslims of all backgrounds, genders, and sexual orientations to worship.
- **Website:** [imcville.com](http://imcville.com)



#### *Congregation Beth Ahabah*

- **Note:** A Reform Jewish congregation committed to the full participation of LGBTQIA+ individuals in synagogue life.
- **Website:** [bethahabah.org](http://bethahabah.org).



#### *All Souls Episcopal Church*

- **Services:** A welcoming, inclusive community based in Mechanicsville that worships in a blended style and is committed to social justice and full LGBTQ+ participation.
- **Website:** [allsoulsva.org](http://allsoulsva.org).



#### *Common Table*

- **Note:** A Reconciling Ministries Network community centered on radical inclusion.
- **Website:** [commontablerva.com](http://commontablerva.com)



## Queer Richmond Resources

### Night Life



#### *Babes of Carytown*

- **Services:** Richmond's historic lesbian-focused bar (welcoming to all). Features a large outdoor patio with a sand volleyball court, full food menu, drag brunches, and dance nights.
- **Website:** [facebook.com/babesofcarytown](https://facebook.com/babesofcarytown)



#### *Godfrey's*

- **Services:** Famous for their drag brunch and high-energy drag shows. Operates as a nightclub and restaurant, serving as a staple for drag entertainment in the city.
- **Website:** [godfreysva.com](https://godfreysva.com)



#### *Barcode*

- **Services:** A gay-friendly downtown bar and restaurant. Offers a casual atmosphere with a full menu, outdoor patio, karaoke nights, and happy hour specials.
- **Website:** [barcodedowntown.com](https://barcodedowntown.com)



#### *Fallout*

- **Services:** An alternative/goth club and event space. While it operates as a members club, it is accessible to the public for specific events. Known for being a safe space for the fetish/kink and queer communities, hosting dance nights and themed socials.
- **Website:** [falloutrva.com](https://falloutrva.com)



#### *Thirsty's*

- **Services:** A "dive bar" style venue known for being explicitly queer-welcoming. Offers New Orleans-inspired food and a relaxed, inclusive atmosphere for drinks.
- **Website:** [thirstysrva.com](https://thirstysrva.com)



## Queer Richmond Resources

### Recreation



#### *Stonewall Sports Richmond*

- **Services:** A highly active non-profit sports league offering year-round activities for LGBTQIA+ individuals and allies. It is one of the biggest ways to meet people in RVA's queer community.
- **Website:** [stonewallsportsrichmond.org](http://stonewallsportsrichmond.org).



#### *River City Rollers*

- **Services:** Richmond's local roller derby league. While not exclusively "LGBTQ+ only," roller derby is historically deeply intertwined with queer culture, and the league is known for being incredibly inclusive and safe for trans and non-binary skaters.
- **Website:** [rivercityrollerderby.com](http://rivercityrollerderby.com)



#### *Richmond Triangle Players*

- **Services:** The longest-running professional theatre company in the mid-Atlantic dedicated specifically to LGBTQ+ works. They offer high-quality plays and musicals that explore queer themes, as well as a welcoming bar/lounge space.
- **Website:** [rtriangle.org](http://rtriangle.org).



#### *Adventuring LGBTQ (DC/VA/MD)*

- **Services:** An outdoor club for the LGBTQ+ community in the wider region. They host hikes, camping trips, and walking tours, often coordinating events in and around Virginia.
- **Website:** [adventuringlgbtq.com](http://adventuringlgbtq.com)



#### *Studio Two Three*

- **Services:** While not exclusively a "queer organization," this community print shop and studio is a central hub for Richmond's queer artist community. They are explicitly affirming, host many activist art nights, and provide space for queer-led workshops and markets.
- **Website:** [studiotwothree.org](http://studiotwothree.org).



## Queer Richmond Resources

### Voice Training



#### *TransVoiceLessons*

- **Services:** Provides comprehensive digital voice resources, including group courses and private lessons focused on voice feminization, masculinization, and androgyny, led by Zheanna Eroze.
- **Website:** [transvoicelessons.com](https://transvoicelessons.com)



#### *Connected Speech Pathology*

- **Services:** Offers professional speech therapy with licensed pathologists. Services include gender-affirming voice training to help clients modify pitch, resonance, and intonation to match their identity.
- **Website:** [connectedspeechpathology.com](https://connectedspeechpathology.com)



#### *Jordan Ross Communication*

- **Services:** A Speech-Language Pathologist offering holistic gender-affirming voice coaching. Offers 1-on-1 coaching and self-paced courses for voice feminization and masculinization.
- **Website:** [jordanrosscommunication.com](https://jordanrosscommunication.com)



#### *Renee Yoxon*

- **Services:** A queer educator offering online courses for trans voice alteration. Their "Mix & Match" courses focus on mindful voice feminization and masculinization without medical intervention.
- **Website:** [reneyoxon.com](https://reneyoxon.com)



## Queer Richmond Resources

### Gender Affirming Clothing



#### *Lola Olivia*

- **Services:** A brand dedicated to trans youth and women, offering age-appropriate undergarments. Their line includes proportional bras for young women and comfortable binders/compression tops for trans youth.
- **Website:** [lolaolivia.love](https://lolaolivia.love)



#### *Dapper Boi*

- **Services:** A body-inclusive apparel line offering gender-neutral clothing. They specialize in jeans, button-ups, and swimwear designed to fit a wide range of body types and curves while presenting a masculine/androgynous aesthetic.
- **Website:** [dapperboi.com](https://dapperboi.com)



#### *GenderBender*

- **Services:** A queer-owned business creating handmade, custom-fit binders and gender-affirming swimwear. They prioritize comfort and size inclusivity.
- **Website:** [genderbenderllc.com](https://genderbenderllc.com)



#### *TomboyX*

- **Services:** Sells gender-neutral underwear and loungewear. Known for offering a wide size range (XS-6X) and styles like boxer briefs and compression tops that fit diverse bodies.
- **Website:** [tomboyx.com](https://tomboyx.com)



#### *Big Bud Press*

- **Services:** A Los Angeles-based label offering unisex, everyday goods. They are known for durable, colorful clothing and a commitment to size inclusivity (XXS-6XL) and ethical manufacturing.
- **Website:** [bigbudpress.com](https://bigbudpress.com)



#### *Wildfang*

- **Services:** A fashion brand challenging gender norms with menswear-inspired styling for all genders. Offers suits, coveralls, and button-ups designed to fit female and non-binary bodies without the "shrink it and pink it" mentality.
- **Website:** [wildfang.com](https://wildfang.com)





## Queer Richmond Resources

### Online Resources and Advocacy



#### *Transgender Health Alliance of Central Virginia*

- **Services:** Maintains a directory of trans-affirming healthcare providers in the region. They work to improve healthcare access through provider education and community advocacy.
- **Website:** [thacva.org](http://thacva.org).



#### *Equality Virginia*

- **Services:** A statewide advocacy organization working to ensure legal equality for LGBTQ+ Virginians through legislative lobbying and community education.
- **Website:** [equalityvirginia.org](http://equalityvirginia.org).



#### *The Human Rights Campaign*

- **Services:** The largest LGBTQ+ civil rights organization in the U.S. They focus on federal and state lobbying for equality, mobilizing voters, and providing extensive public education. They also produce the "Corporate Equality Index" and offer resources on coming out, workplace rights, and family law.
- **Website:** [hrc.org](http://hrc.org).



#### *LGBTQmap*

- **Services:** Provides data and maps tracking LGBTQ+ equality laws and policies across the United States, helping users understand the legal landscape in their area.
- **Website:** [lgbtmap.org](http://lgbtmap.org).



#### *The Trevor Project*

- **Services:** Provides 24/7 crisis intervention and suicide prevention services for LGBTQ+ youth via phone, text, and chat.
- **Website:** [thetrevorproject.org](http://thetrevorproject.org).



#### *Lambda Legal*

- **Services:** A national legal organization dedicated to achieving full recognition of the civil rights of LGBTQ+ people and everyone living with HIV. They focus on "impact litigation" (selecting cases that will change laws), education, and public policy work to protect rights in housing, employment, healthcare, and family life.
- **Website:** [lambdalegal.org](http://lambdalegal.org).